

Recovery Champions Application Form 2016**Referral:**

Are you referring yourself?

☐ Yes☐ No

Please list the details of the service you use and is referring you?

Service Name:

Tel:

Contact Person:

Email:

Service User Details

Surname

Title:

First Name:

Date Of Birth:

Gender

☐ Male☐ Female☐ N/A

Address:

Postcode:

Tel:

Email:

Please list any dietary requirements you have?

Current Welfare Benefit Details☐ Job Seekers
Allowance☐ Income Support☐ Statutory Sick Pay☐ Other Income☐ Incapacity Benefit☐ ESA (Support
Group)☐ ESA (Work Related Activity Group)

When did you start receiving this benefit i.e. date?

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Background Criteria

☐ Currently Homeless

☐ Previously Homeless

☐ Never Homeless

Have you attended B3 or the BSAFE service before?

☐ Yes

☐ No

Motivation (service user to complete)

Explain why you are interested in attending the Recovery Champions Course? (see page 5 for the course outline)

What skills/strengths can you bring to the course i.e. communication, experience of supporting others etc?

Following the completion of the course, what are your plans i.e. volunteering, service user involvement, education or training and/or employment?

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Mental Health:

Do you suffer from any mental health issues?

☐ Yes

☐ No

If you have ticked 'yes', please describe the issues?

Please outline any medication you are currently taking?

Physical Health:

Do you suffer from any physical health issues?

☐ Yes

☐ No

If you answered 'yes', please describe?

Learning Difficulties:

Do you suffer from any learning difficulties or disability?

☐ Yes

☐ No

If you answered 'yes', please describe?

Drug & Alcohol Issues:

Do you suffer from any drug and alcohol issues?

☐ Yes

☐ No

If you answered 'yes', please describe?

What substance(s) was/is used?

How long have you misused?

How long have you been abstinent?

Is there any other relevant information you would like to share with us?

Declaration:

I declare that the details given on this application form are true to the best of my knowledge: (This form can be signed at the interview stage if sent electronically)

Signed:

Date:

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EQUALITY AND DIVERSITY INFORMATION

Data Protection For Service Users:

This information is only used by B3. Security measures are in place to protect the data. Statistics drawn from the information will be used to demonstrate how our services perform, which will enable us to demonstrate our work to funders and provide a service that meets the needs of our service users.

Ethnic Origin:

☐ White: British ☐ White: Irish ☐ Any other White background

Mixed:

☐ White & Black Caribbean ☐ White & Black African
☐ White & Asian ☐ Any other Mixed background

Asian or Asian British:

☐ Indian ☐ Pakistani ☐ Bangladeshi ☐ Asian: Other

Black or Black British:

☐ Caribbean ☐ African ☐ Any other Black background

Other:

☐ Chinese ☐ Gypsy/Romany/Irish Traveller
☐ Any Other (please write) ☐ Prefer not to say

Sexual Orientation:

☐ Bisexual ☐ Gay Man ☐ Gay Woman/Lesbian
☐ Heterosexual/Straight ☐ Other ☐ Prefer not to say

Religion or Belief:

☐ No religion ☐ Buddhist ☐ Christian ☐ Hindu
☐ Jewish ☐ Muslim ☐ Sikh ☐ Other
☐ Prefer not to say

BRIEF OUTLINE OF THE RECOVERY CHAMPIONS COURSE

The Aims Of Each Session:

1. To introduce the concept of Recovery Champions and build the participants' confidence in working and learning together.
2. To continue the development of the participants as a team, broaden their understanding of substance use and further build on the role of Recovery Champions in the context of Brent.
3. To support the development of essential skills required of a Recovery Champion, i.e., Health & Safety, confidentiality, personal values, boundaries, safeguarding and communication skills.
4. To support the development of essential skills required of a Recovery Champion, in particular developing a wider understanding of substances, techniques for managing lapse, relapse and high risk situations.
5. To support the development of essential skills required of a Recovery Champion, i.e., best practice when working with others, volunteering, advocacy and safeguarding. This session will also cover the impact of welfare reforms on recovery.
6. To learn about the Brent Drug and Alcohol Action Team (DAAT) and illustrate how Recovery Champions fit into the structure of substance misuse services locally and nationally. To learn about other support and community services in Brent.

N.B. this session is held at the Civic Centre and includes an opportunity to join the Library and visit Customer Services.
7. To learn about how various types of meetings are structured and how to make them work to your advantage. Facilitation skills and basic introduction to group work.
8. To reflect on the experience of how others view the recovery process. To build participants confidence in their personal and professional communication skills which will enable effective practice as a Recovery Champion.
9. To explore future options for personal and professional development that are available to Recovery Champions both within the substance misuse sector and beyond.
10. To be more confident about talking with others about recovery. To reflect on their personal journey of recovery and becoming a Recovery Champion.